



MyBestMed begins with you!

Follow these steps to discover which medications are the best fit for your genes.

Step 1. Fill out your requisition form

Using your sample sheet as a guide, fill out all highlighted sections on the blank requisition form. Provide as much detail as possible. **Complete the Letter of Medical Necessity form for return with the requisition form**

Step 2. Administer your cheek swab

Remove the cheek swab from the packaging, do not let it touch anything. Vigorously rub the swab on the inside of each cheek on the lower left and right side for 30 seconds. Do not rub your teeth!
Place the swab back in the tube.

Step 3. Sticker your tube

Fill out the patient identifier sticker with the patient's name, date of birth, date of specimen collection, and initials of the specimen collector.
Place the sticker on the specimen tube.

Step 4. Return your testing kit

Place the tube in the biohazard bag with the requisition form in the slip on the outside of the bag. Place bag into provided UPS pack with return label attached. Then deliver it to your local drop box

Great job, you have completed your MyBestMed kit! Please keep a lookout for an email titled, "Your Results Are Ready!"

What comes next?

Once your swab has been received by the Pro-GeneX Lab you will receive an email notification with the estimated processing time and next steps to take once your results are ready. You should expect to schedule an appointment through that email to discuss your results with a registered pharmacist.

Questions or Concerns:

You can visit our FAQs on Pro-GeneX.com or by emailing us at mybestmed@pro-genex.com and we will respond within 3 business days. You can also call (678) 941-9175 during business hours. Business hours are Monday - Friday 9:00am - 5:00pm.